

# Clones Family Resource Centre

## Autumn Newsletter 2025



**Here in the Clones Family Resource Centre we offer a wide range of services, including counselling services, family support, Clones Women's Shed, Cool Kids Club and our Baby and Toddler Group. Clones FRC aims to help all members of the community in any way we can.**



## Within the community

***SecondTime 'Round  
Charity Shop  
H23 PK54***

**Our charity shop is located in McCurtain Street Clones. Open Monday to Friday 10am - 5pm. We offer clothes for all the family. Why not call in and bag a bargain?**

Here within the centre we host clubs for children of all ages 😊

**Clones Cool Kids Club**

**Every Monday from 3pm - 5pm**

**All welcome with fun activities promised!!**

**Baby & Toddler Group every Tuesday from 10am - 12 noon**

**We also have fun days out planned in the months of October, November & December.**

**For more details please contact Sharon on 087 093 4503**



## **Clones Baby & Toddler Group Autumn Programme**

**All Welcome!!**

**€3 per family, per morning, including healthy snacks**



Tuesday 11 <sup>th</sup> November	10am to 12 noon	Baby Reiki with Rachel McGuigan , qualified therapist
Tuesday 18 <sup>th</sup> November	10am to 12 noon	Moo Music for babies and toddlers with Susan Mallon
Tuesday 25 <sup>th</sup> November	10am to 12 noon	Tanya Talk for Mums on health and nutrition. Tanya Graham is a local, professional nurse with with HSE. Free pamper packs for all.
Tuesday 2 <sup>nd</sup> December	10am to 12 noon	Christmas morning with Lizzie. Art, singing & fun for all.
Tuesday 9 <sup>th</sup> December	10am to 12 noon	Tanya Talk for Mums on menstrual care, by Tanya Graham, HSE. Free pamper pack for all
Tuesday 16 <sup>th</sup> December	10am to 12 noon	Christmas party with music and seasonal treats for all